

Registration request by Google form starts on Sept 1st (New Student)

One time \$45 registration fees for new students.

All prices are tax Included.

EARLYBIRD PRICING*
ENDS ON SEPT 15TH, 2023!

Instructor Training Course – Age 13 and up
Every Saturday - enquire by email

ELITE LEARN TO SWIM PROGRAM

60 minutes Group Class completed LTS level 4

(2 classes per week)

Enthusiastic swimmers looking to accelerate their progress or swimmers who are prepared to join competitive team

Please pick 2 days from below:

Mon/Tues/Thurs

5:15 - 6:15p

Wed

4 - 5p

Sat

3:30 - 4:30p

(24 classes)

\$936 / \$984

SWIM FITNESS + LIFESAVING SPORTS

75 minutes Group Lesson completed LTS level 10

Recommend 2 trainings per week

Mon/Wed 6:15-7:30p

Fri 7:45 - 9p

Sat 4:30 - 5:45p

Sun 3:30 - 4:45p

Mon/Wed/Fri/Sat (12 classes)

\$540 / \$576

Sun (11 classes)

\$495 / \$528

NEW!

Endurance training session
Newtonbrook (155 Hilda Ave.)

Sat 2-3:30p (12 classes)

\$456 / \$504

BRONZE PROGRAM

Bronze Medallion & EFA

Tues & Thurs 6:15-8:15p

Sept 26 - Oct 31 (12 classes)

Examination Date: Thurs, Nov 2

\$525 / \$550

Bronze Cross & SFA

Tues & Thurs 6:15-8:30p

Nov 7 - Dec 21 (total 14 classes)

Examination Date: Fri, Dec 22

\$565 / \$595

*Textbook \$50 extra

PARENTS & TOTS

AGES 6 MONTHS - 3 YEARS
GROUP (1:6 FAMILIES)

Quality bonding time to enhance both parents and babies comfort level in and around the water

Sat 9 - 9:30a

(10 classes package)

\$280

ADULT LEARN TO SWIM PROGRAM

Instructional Group Class (1:4)

Thursday 12-1p / 1-2p

\$450

(10 classes package)

ADULT MASTER SWIM PROGRAM

19 years or older who wants to train for simple pleasure, fitness or competition

Thurs 9-10p

Sunday 8:30-9:30a

(10 classes package)

\$360

LEARN TO SWIM PROGRAM (WEEKDAYS PM OR WEEKEND)

LEVEL 1-2

30 minutes

Semi (1:2)

Mon-Fri

4p / 4:30p / 5p / 5:30p
6p / 6:30p / 7p

Sat / Sun

9:30a / 10a / 10:30a / 11a
11:30a / 12p / 12:30p / 1p
1:30p / 2p / 2:30p / 3p
3:30p / 4p / 4:30p / 5p
5:30p / 6p (Sat only)

Mon-Sat (12 classes)

\$504 / \$540

Sun (11 classes)

\$462 / \$495

45 minutes

Semi (1:2)

Mon-Fri

4p / 4:45p / 5:30p
6:15p / 7p / 7:45p

Sat / Sun

9:30a / 10:15a / 11a
11:45a / 12:30p / 1:15p
2p / 2:45p / 3:30p
4:15p / 5p / 5:45p (Sat only)

Mon-Sat (12 classes)

\$744 / \$780

Sun (11 classes)

\$682 / \$715

LEVEL 3-4

45 minutes

Group (1:3)

Mon-Fri

4p / 4:45p / 5:30p
6:15p / 7p / 7:45p

Sat / Sun

9:30a / 10:15a / 11a
11:45a / 12:30p / 1:15p
2p / 2:45p / 3:30p / 4:15p
5p / 5:45p (Sat only)

Mon-Sat (12 classes)

\$576 / \$600

Sun (11 classes)

\$528 / \$550

LEVEL 5-10

45 minutes

Group (1:4)

Mon-Fri

4p / 4:45p / 5:30p
6:15p / 7p / 7:45p

Sat / Sun

9:30a / 10:15a / 11a
11:45a / 12:30p / 1:15p
2p / 2:45p / 3:30p
4:15p / 5p / 5:45p (Sat only)

Mon-Sat (12 classes)

\$504 / \$540

Sun (11 classes)

\$462 / \$495