

Registration request by Google form starts on Dec 15th (New Student)

One time \$45 registration fees for new students.

All prices are tax Included.

EARLYBIRD PRICING*
ENDS ON DEC 22ND, 2023!

Instructor Training Course – Age 13 and up
Every Saturday - enquire by email

ELITE LEARN TO SWIM PROGRAM

60 minutes Group Class completed LTS level 4

(2 classes per week)

Enthusiastic swimmers looking to accelerate their progress or swimmers who are prepared to join competitive team

Please pick 2 days from below:

Mon/Tues/Thurs

5:15 - 6:15p

Sat

3:30 - 4:30p

16 classes \$624 / \$656

17 classes \$663 / \$697

18 classes \$702 / \$738

SWIM FITNESS + LIFESAVING SPORTS

75 minutes Group Lesson completed LTS level 10

Recommend 2 trainings per week

Mon 6:15-7:30p

Wed 7-8:15p

Fri 7:45 - 9p

Sat 4:30 - 5:45p

Sun 3:30 - 4:45p

Mon/Sat/Sun (8 classes)

\$360 / \$484

Wed/Fri (9 classes)

\$405 / \$432

Endurance training session
Newtonbrook (155 Hilda Ave.)



Sat 2-3:30p (8 classes)

\$304 / \$336

BRONZE PROGRAM

Bronze Medallion & EFA

Tues and Thurs 6:15-8:15p

Jan 9 - Feb 15 (12 classes)

Examination Date: Feb 20

\$525 / \$550

Textbook \$50 extra

PARENTS & TOTS

AGES 6 MONTHS - 3 YEARS
GROUP (1:6 FAMILIES)

Quality bonding time to enhance both parents and babies comfort level in and around the water

Sat 9 - 9:30a

(10 classes package)

\$280

ADULT LEARN TO SWIM PROGRAM

Instructional Group Class (1:4)

Thursday

12-1p / 1-2p

\$450

(10 classes package)

ADULT MASTER SWIM PROGRAM

19 years or older who wants to train for simple pleasure, fitness or competition

Thurs 9-10p

Sunday 8:30-9:30a

(10 classes package)

\$360

LEARN TO SWIM PROGRAM (WEEKDAYS PM OR WEEKEND)

LEVEL 1-2

30 minutes
Semi (1:2)

Mon-Fri

4p / 4:30p / 5p / 5:30p
6p / 6:30p / 7p

Sat / Sun

9:30a / 10a / 10:30a / 11a
11:30a / 12p / 12:30p / 1p
1:30p / 2p / 2:30p / 3p
3:30p / 4p / 4:30p / 5p / 5:30p
6p (Sat Only)

Tues-Fri (9 classes)

\$378 / \$405

Sat-Mon (8 classes)

\$336 / \$360

45 minutes
Semi (1:2)

Mon-Fri

4p / 4:45p / 5:30p
6:15p / 7p / 7:45p

Sat / Sun

9:30a / 10:15a / 11a
11:45a / 12:30p / 1:15p
2p / 2:45p / 3:30p
4:15p / 5p
5:45p (Sat Only)

Tues-Fri (9 classes)

\$558 / \$585

Sat-Mon (8 classes)

\$496 / \$520

LEVEL 3-4

45 minutes
Group (1:3)

Mon-Fri

4p / 4:45p / 5:30p
6:15p / 7p / 7:45p

Sat / Sun

9:30a / 10:15a / 11a
11:45a / 12:30p / 1:15p
2p / 2:45p / 3:30p
4:15p / 5p
5:45p (Sat Only)

Tues-Fri (9 classes)

\$432 / \$450

Sat-Mon (8 classes)

\$384 / \$400

LEVEL 5-10

45 minutes
Group (1:4)

Mon-Fri

4p / 4:45p / 5:30p
6:15p / 7p / 7:45p

Sat / Sun

9:30a / 10:15a / 11a
11:45a / 12:30p / 1:15p
2p / 2:45p / 3:30p
4:15p / 5p
5:45p (Sat Only)

Tues-Fri (9 classes)

\$378 / \$405

Sat-Mon (8 classes)

\$336 / \$360