

One time \$45 registration fees for new students.
All prices are tax included.

**EARLYBIRD PRICING*
ENDS ON MARCH 22, 2024!**

Instructor Training Course – Age 13 and up
Every Saturday 6pm to 8pm – please enquire by email

ELITE LEARN TO SWIM PROGRAM

60 minutes Group Class completed LTS level 4
(2 classes per week)

Enthusiastic swimmers looking to accelerate their progress or swimmers who are prepared to join competitive team

Please pick 2 days from below:

Mon/Tues/Thurs
5:15 - 6:15p

Sat
3:30 - 4:30p

22 classes \$858 / \$902
23 classes \$897 / \$943
24 classes \$936 / \$984

SWIM FITNESS + LIFESAVING SPORTS

75 minutes Group Lesson completed LTS level 10
Recommend 2 trainings per week

Mon/Wed 6:15-7:30p
Fri 7-8:15p
Sat 4:30-5:45p
Sun 3:30-4:45p

Mon/Fri/Sat/Sun (11 classes)
\$495 / \$528

Wed (12 classes)
\$540 / \$576

Endurance training session
Newtonbrook (155 Hilda Ave.)

April 6 - June 15

Sat 2-3:30p (10 classes)
\$380 / \$420

BRONZE PROGRAMS

Bronze Medallion
April 2-25
Every Tues & Thurs
6:15-8:15p
Exam: Sat, April 27 (5-8pm)
\$320
*Textbook \$50 extra

Emergency First Aid
Sunday, April 28 (10am-6pm)
\$120

Bronze Cross
April 30 - May 30
Every Tues & Thurs
6:15-8:15p
Exam: Sat, June 1 (5-8pm)
\$360
*Textbook \$50 extra

ADULT LEARN TO SWIM PROGRAM

Instructional Group Class (1:4)
Tues 11:30-12:30p
Wed 11-12p
10 classes package \$450

ADULT MASTER SWIM PROGRAM

19 years or older who wants to train for simple pleasure, fitness or competition

Sunday 8:30-9:30a
10 classes package \$360

PARENTS & TOTS
AGES 6 MONTHS - 3 YEARS
GROUP (1:6 FAMILIES)

Quality bonding time to enhance both parents and babies comfort level in and around the water

Tues 10-10:30a / Sat 9-9:30a
10 classes package \$280

LEARN TO SWIM PROGRAM (WEEKDAYS PM OR WEEKEND)

LEVEL 1-2

<p>30 minutes Semi (1:2)</p> <p>Tues/Wed/Thurs 4p / 4:45p Friday 4p / 4:30p / 5p / 5:30p Saturday 9:30a - 6p Sunday 9:30a - 4:30p</p> <p>Fri/Sat/Sun/Mon (11 classes) \$462 / \$495</p> <p>Tues/Wed/Thurs (12 classes) \$504 / \$540</p>	<p>45 minutes Semi (1:2)</p> <p>Mon/Tues/Wed/Thurs 5:15p / 6p / 6:45p Friday 4p / 4:45p / 5:30p / 6p / 6:15p / 6:45p / 7:30p Saturday 9:30a - 5:45p Sunday 9:30a - 4:15p</p> <p>Fri/Sat/Sun/Mon (11 classes) \$682 / \$715</p> <p>Tues/Wed/Thurs (12 classes) \$744 / \$780</p>
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LEVEL 3-4

45 minutes
Group (1:3)

Monday
5:15p / 6p / 6:45p
Tues/Wed/Thurs
4p / 4:30p / 5:15p / 6p / 6:45p
Friday
4p / 4:45p / 5:30p / 6:15p / 7p / 7:45p
Saturday
9:30a - 5p
Sunday
9:30a - 3:30p

Fri/Sat/Sun/Mon
(11 classes)
\$528 / \$550

Tues/Wed/Thurs
(12 classes)
\$576 / \$600

LEVEL 5-10

45 minutes
Group (1:4)

Mon/Tues/Wed/Thurs
5:15p / 6p / 6:45p
Friday
4p / 4:45p / 5:30p / 6:15p / 7p / 7:45p
Saturday
9:30a - 5:45p
Sunday
9:30-4:15p

Fri/Sat/Sun/Mon
(11 classes)
\$462 / \$495

Tues/Wed/Thurs
(12 classes)
\$504 / \$540